

IN HOME CONSIDERATIONS FOR:

Limited Reach Poor Hand & Arm Strength

KITCHEN



8" Dishwasher is raised 8 inches from the floor

10" Cabinet shelves are no more than 10 inches deep

48" Microwave and upper kitchen cabinets are no higher than 48 inches above the floor

Appliances have push button controls

Refrigerator and freezer doors are side-by-side, not stacked

Stovetop has easy-to-reach controls at the front

Garbage disposal and trash compactor to minimize trash

Sink has extendable spray hose to fill pots on the stove



Counter top is heat resistant near the microwave and oven

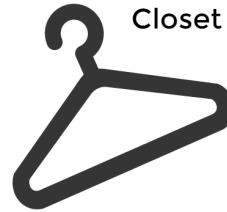
Counter tops are smooth so heavy pans can slide across them

Kitchen shelves pull out

Lazy Susan to reach things stored on deep shelves



THROUGHOUT THE HOUSE



Closet organizer to reach belongings

Closet rods pull down to a comfortable level

Washer and dryer are front-loading

Cabinets and drawers have D-shape handles

Special hardware installed to make drawers slide easily

Doors have lever handles

Sinks have lever faucet handles

Light switches are rockered, not flip switch



27"

Electrical outlets are 27 inches above the floor

OUTSIDE



Automatic garage door opener



A Product of the Eagle County Aging Well Initiative